LIFE CYCLE AND ECOLOGY OF MAYFLIES FROM SIERRA NEVADA (SPAIN), IV

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ABSTRACT

The life cycle, distribution and autoecology of Ephemarella ignita (PODA, 1761), Ephemera danica MÜLLER, 1764, Caenis lactuosa BURMEISTER, 1839, Epeorus sylvicola (PICTET, 1865) and E. torrentium EATON, 1881 are presented as a result of monthly samples taken from six streams in the Sierra Nevada mountains (southern Spain).

INTRODUCTION

This study is part of another in which the autoecology and life cycles of mayflies from the Sierra Nevada mountains (Southern Spain) were studied. This was presented as a doctoral thesis (ALBA-TERCEDOR, 1981) and some of these results have been published (ALBA-TERCEDOR, 1983, 1986 and 1990).

MATERIALS AND METHODS

Eight sampling stations were distributed in five streams on both the northern and southern slopes of the Sierra Nevada (Río Aguas Blancas: 1300 m, 1140 m, 800 m; Río Dúrcal: 760 m; Río Torrente: 840 m; Río Lanjarón: 640 m; Río Chico: 800 m; and Río Poqueira: 1600 m; respectively numbered I to VIII).

Samples were taken monthly (from April 1979 to March 1980) from both banks and from central zones, using a Surber sampler (mesh size 0.36 mm and sampling surface 0.07 m²). Type of bed was noted and current velocities at the bottom were registered with an instrument similar to that described by DOWDESWEL (1967). The chemical characteristics and temperature of the water were analysed and measured as explained more extensively in previous papers (ALBA-TERCEDOR, 1983).

For the study of life cycles the total length of specimens (without cerci) was measured using an ocular scale with 0.1 mm accuracy and for Epeorus nymphs, development stages were distinguished in accordance with ALBA-TERCEDOR (1981, 1983). Monthly frequency histograms were produced (figs. 1-8), based on the data obtained.

RESULTS

Ephemarella ignita (PODA, 1761)

Nymphs were collected at every sampling station. The most numerous populations were observed at stations II and III (average of nymphs/m²: 180 and 141 respectively).

The nymphs are more frequent in zones near the banks, with abundant vegetation, zones with a depth between 4-40 cm, with currents at the bottom ranging from very slow (< 0.1 cm/s —impossible to measure with the instrument used—) to moderately fast (108 ± 9 cm/s), and different
substrata (sandy bottoms with a thin layer of mud or stony and pebble substrata), in accordance with previous observations (e.g.: Bass, 1976; Elliott, 1978; Grandi, 1960; Jazdzewska, 1971; Macan, 1970, 1979; Sander, 1981; Sowa, 1975a; etc...).

Numerous studies on the life cycle of this species have been reported (see Clifford, 1982). In order to study the life cycle in Sierra Nevada, histograms were drawn, based on the study of 83, 380, 356, 30, 28, 23 and 10 nymphs caught at sampling stations I-IV and VI-VIII (figs.: I-3).

According to our results, this species appears to be univoltine with a emergence period between late June and September. At higher water temperatures, hatching was sometimes delayed (e.g. sampling stations VI and VII with summer temperatures higher than 20 °C). However at other stations (e.g. II and IV) small nymphs were collected from February onwards.

Figure 1.- Life-cycle data for *Ephemella ignita* from Río Aguas Blancas: A) 1300 m, B) 1140 m. Asterisks indicate the presence of mature nymphs with black wing pads. Monthly evolution of water temperature is represented by a solid line. The number of nymphs caught every month is indicated.

Datos sobre el ciclo de vida de *Ephemella ignita* del Río Aguas Blancas: A) 1300 m, B) 1140 m. Los asteriscos indican la presencia de ninfa maduras con los estuches alares negros. La evolución mensual de la temperatura se representa por una línea continua. Se indica el número de ninfas capturadas cada mes.
**Ephemera danica** (Möller, 1764)

During the study, this species was found only in the stream Río Aguas Blancas (sampling stations I and III) which has harder water compared to other sampling stations (145 - 470 μS/cm — mean: 395.6 μS/cm). The highest populations were found in the upper part of this stream, with densities of 250.3 and 267 nymphs/m² for sampling stations I and II respectively (only two nymphs were caught at station III). The preferential distribution of this species in the upper part of streams had been reported earlier (e.g.: Alba-Tercedor & Jiménez-Millán, 1978; Whelan, 1980).

The nymphs are more frequently found in the banks (4-17 cm depth), in sandy-muddy beds with vegetation and debris (this agrees with Macan, 1970, 1979; Wise, 1976; Whelan, 1980 and Sander, 1981). Current velocities of the zones inhabited by this species were variable, from very slow (< 0.1 cm/s — impossible to measure with the

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**Figure 2.** Life-cycle data for *Ephemera ignita* from: A) Río Aguas Blancas, 800 m, B) Río Dúrcal, 760 m. Asterisks indicate the presence of mature nymphs with black wing pads. Monthly evolution of water temperature is represented by a solid line. The number of nymphs caught every month is indicated.

**Datos sobre el ciclo de vida de Ephemera ignita de A) Río Aguas Blancas, 800 m, B) Río Dúrcal, 760 m. Los asteriscos indican la presencia de ninjas maduras con los estuches alares negros. La evolución mensual de la temperatura se representa por una línea continua. Se indica el número de ninjas capturadas cada mes.**
Figure 3.- Life cycle data for *Ephemerella ignita* from A) Río Lanjarón, 640 m, B) Río Chico, 800 m, C) Río Poqueira, 1600 m. Asterisks indicate the presence of mature nymphs with black wing pads. Monthly evolution of water temperature is represented by a solid line. The number of nymphs caught every month is indicated.

Datos sobre el ciclo de vida de *Ephemerella ignita*: A) Río Lanjarón, 640 m, B) Río Chico, 800 m, C) Río Poqueira, 1600 m. Los asteriscos indican la presencia de ninfa madura con los estuches alares negros. La evolución mensual de la temperatura se representa por una línea continua. Se indica el número de ninfa capturadas cada mes.
instrument used—) to moderate (88 ± 6 cm/s) (on one occasion 38 nymphs were caught in a zone with abundant small roots of vegetation from the banks and with a current velocity of 109 ± 9 cm/s).

The life cycle was similar at every sampling station where nymphs were caught, and for this reason the graph presented (fig. 4) is based on the measurements of 969 nymphs from stations I and II.

The emergence of subimagines occurred from June to the first half of August. The hatching of the eggs started at the beginning of October (four months after the first emergence of subimagines). After this, new hatching occurred at intervals from the beginning of February.

*Epeorus sylvicola* (Pictet, 1865) and *E. torrentium* (Eaton, 1881)

Nymphs of genus *Epeorus* were caught at sampling stations I, II and IV-VIII. At present it is not possible to distinguish between the nymphs of the two species (Berthelem & Thomas, 1967; Alba-Tercedor, 1981), and for this reason, both species are considered together. Nevertheless, adults of *E. sylvicola* were caught in Río Aguas

![Graph](image_url)

Figure 4.- Life-cycle data for *Ephemera danica* from Río Aguas Blancas (1300 m and 1140 m). Asterisks indicate the presence of mature nymphs with black wing pads. Monthly evolution of water temperature is represented by a solid line. Number of nymphs caught every month is indicated.

Datos sobre el ciclo de vida de *Ephemera danica* del Río Aguas Blancas (1300 m y 1140 m). Los asteriscos indican la presencia de ninñas maduras con los estuches alesares negros. La evolución mensual de la temperatura se representa por una línea continua. Se indica el número de ninñas capturadas cada mes.
Blancas and Río Poqueira; while *E. torrentium* was only caught in Río Aguas Blancas.

The nymphs occur preferentially in central zones on stony substrata with current velocities of between $45 \pm 8$ cm/s and $121 \pm 11$ cm/s, but generally higher than 60 cm/s. This agrees with the observations of Dorier & Vailant (1954) who reported *E. sylvicola* (subnom. *E. assimilis*) inhabiting a maximum current speed of 109 cm/s and going upstream against current velocities of 230 cm/s.

In order to study the life cycle, histograms based on the study of 80, 35, 17, 53, 67 and 115 nymphs were produced for sampling stations I, II, IV and VI-VIII respectively (figs. 5-7). Moreover data assembled from sampling stations I-II and VI-VIII are shown (fig. 8).

Both species appear to be univoltine, with a similar development to that proposed by Landa (1968) for *E. sylvicola* (subnom. *E. assimilis* Etn.).

**DISCUSSION**

*Ephemera ignita* (Poda, 1761)


In most sampling stations the growth was uniform, but in some (e.g. station III) two hatchings were observed during the summer: one in late July.

Figure 5.- Life-cycle data for *Epeorus sylvicola/E. torrentium* (see text) from Río Aguas Blancas: A) 1300 m, B) 1140 m. The number of nymphs caught every month is indicated.

Datos sobre el ciclo de vida de *Epeorus sylvicola/E. torrentium* (ver texto) del Río Aguas Blancas: A) 1300 m, B) 1140 m. Se indica el número de ninhas capturadas cada mes.
and the other at the beginning of September (fig. 2 A). The first may correspond to eggs from the previous year delayed in hatching, the second hatching could be explained in the same way; but considering the fact that it occurs two months after the first emergence of subimagines, it could indicate that these nymphs correspond to the beginning of a second generation. This hypothesis fits in well with results of Thibault and Elliott because, considering the water temperatures at this sampling station, hatching may have occurred after an incubation period of two months. A second generation would explain the presence of small and halfgrown nymphs during October; however these nymphs did not survive the winter. Therefore our results would confirm the presence of a failed 2nd generation suggested by other authors (Pleskot, 1959; Hynes, 1961; Elliott, 1967, 1978; Wise, 1980; Rosillon, 1986).

**Ephemera danica** (Müller, 1764)

The life cycle of this species has been studied by different authors (see Clifford, 1982) and different results were obtained. Some concluded that *E. danica* is a univoltine species (e.g.: Pleskot, 1959, 1961 in Austria; Peart, 1916 in England; Jazdewska, 1971 in Poland, and suggested in France by Thibault, 1971); however other authors consider this a semivoltine species with a two-year development period (e.g.: Landa, 1986 in Czechoslovakia; Guillouzic, 1965 and Thibault, 1971 in France; Halford, 1889; Percival & Whitehead, 1928 and Wright *et al.*, 1981 in England; Sowa, 1975 a, 1975b in Poland), or with a three-year development period (e.g.: Illies, 1952 in Germany; Wright *et al.*, 1981 in England). Moreover, in accordance with different factors, 1-2 year (Whelan, 1980 in Ireland) and

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Figure 6.- Life-cycle data for *Epeorus sylvicola/E. torrentium* (see text): A) from Río Dúrcal, 760 m, B) from Río Lanjarón, 640 m. The number of nymphs caught every month is indicated.

Datos sobre el ciclo de vida *Epeorus sylvicola/E. torrentium* (ver texto): A) Río Dúrcal, 760 m, B) Río Lanjarón, 640 m. Se indica el número de ninfas capturadas cada mes.
2-3 year (Svensson, 1977 in Sweden) development periods have been described.

On the other hand Delvaux (1979), in Luxembourg, studying the influence of the parasitic Spiriopsis adipophila, found either one, two or three year cycles depending on the degree of infection.

In Sierra Nevada it is interesting to note the following: a) the presence of small nymphs together with grown ones was apparent from the beginning of October to December and even until February-March; b) the growth of nymphs hatched in summer was slow during summer and winter but accelerated at the beginning of March and during spring; c) independently of sex, fully-grown nymphs caught at the beginning of the emergence period were clearly longer than those caught at the end.

Therefore we conclude that part of the population has a semivoltine cycle (grows for two years) while the other has a univoltine cycle.

The first fully-grown nymphs would correspond to a semivoltine population which are consequently longer (because their development time was longer) than later fully-grown nymphs which would correspond to the univoltine population.

Epeorus sylvicola (Pictet, 1865) and E. torrentium (Eaton, 1881)

Studies on these species carried out in different parts of Europe postulated for E. sylvicola an univoltine winter cycle and for E. torrentium a bivoltine winter-summer cycle (see Clifford, 1982). Even Thibault (1971) in Southern France con-

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Figure 7.- Life-cycle data for Epeorus sylvicola/E. torrentium (see text): A) from Río Chico, 800 m, B) from Río Poqueira, 1600 m. The number of nymphs caught every month is indicated.

Datos sobre el ciclo de vida de Epeorus sylvicola/E. torrentium (ver texto): A) Río Chico, 800 m, B) Río Poqueira, 1600 m. Se indica el número de ninfas capturadas cada mes.
cluded that most of the population of *E. torrentium* had a univoltine development while a small part was univoltine.

According to captures of fully-grown nymphs and adults, at sampling stations IV-VIII (fig. 8 B), the emergence period of subimagines occurs from the beginning of May to August. Hatching begins in summer, and increases during summer, so it is possible to find half-grown nymphs in autumn. Hatching continues at intervals during the winter. In late autumn and at the beginning of winter the growth is slow, but it increased in March in accordance with a temperature increase, so that in late spring, fully-grown nymphs appeared and subimagines began to emerge. In Río Aguas Blancas a similar development occur (fig. 8 A).

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RESUMEN

CICLOS DE DESARROLLO Y ECOLOGÍA DE EFEMERÓPTEROS DE SIERRA NEVADA (ESPAÑA), IV.

Como resultado de un muestreo mensual realizado a lo largo de un ciclo anual en seis cursos de agua de Sierra Nevada (sur de España), se presentan aquí los resultados relativos a los ciclos de desarrollo y autoecología de las siguientes especies de efemerópteros: Ephemerella ignita (Poda, 1761), Ephemera danica (Müller, 1764), Caenis luctuosa (Bürmeister, 1839) y Epeorus sylvicola (Pictet, 1865)/E. torrentium (Eaton, 1881).

Se capturaron ninfas de E. ignita en todas las estaciones de muestreo, con una densidad poblacional media máxima de 180 ninfas/m². Habitan preferentemente en las zonas de orilla provistas de abundante vegetación, con diferentes tipos de substratos y velocidades de corriente en el fondo, desde prácticamente nulas hasta de 108 ± 9 cm/s. Esta especie presentó en la mayoría de las estaciones de muestreo un ciclo de tipo univoltino con emergencias de subimagos de finales de junio a agosto; se observó la presencia de ninfas pequeñas a finales de julio y a comienzos de septiembre, y se considera posible en algunas estaciones de muestreo la hipótesis, sugerida anteriormente por varios autores, de la existencia de una segunda generación que no sobrevive al invierno.

Las ninfas de E. danica se capturaron en el Río Aguas Blancas, con una máxima densidad poblacional media en cabecera de 267 ninfas/m². Habitan preferentemente en las zonas de orilla con fondos de arena y fangos con vegetación y detritos vegetales; con velocidades de corriente en el fondo desde prácticamente nulas hasta de 88 ± 6 cm/s. Parte de la población desarrolla un ciclo univoltino y la otra un ciclo semivoltino (de dos años de duración), con periodos de emergencia de subimagos desde junio hasta la primera mitad de agosto.

Las ninfas de Epeorus se capturaron en las zonas centrales del cauce con substratos pedregosos y velocidades de corriente en el fondo entre 45 ± 8 cm/s y 121 ± 11 cm/s, pero preferentemente por encima de 60 cm/s y presentaron un ciclo univoltino con periodos de emergencia de subimagos desde comienzos de mayo hasta agosto.

BIBLIOGRAPHY


